Tai Chi For Bangers

Muay Tai

VS

Thai Chi

with Sifu Greg Magwood (Magwood's Martial Arts)

and Kru Shawn Fisk (Hook Up Muay Thai Peterborough)

Sunday December 15th

10am to Noon (mid range tech) 12:30 to 2:30pm (close range tech)

> \$25 one session \$40 for both

magwoodsmartialarts.webs.com

Hook Up Muay Thai Peterborough 910 High St. Unit #18